

YEC Camp Information for Members

The YEC Camp is a three-day event at Arbury Park Outdoor School (APOS) in the Adelaide Hills. APOS is a beautiful location set on a hillside, with a series of wetlands, a creek, and a large area of native woodland with a view over surrounding hills.

At the camp, students come together to build and share their skills and knowledge of, and their passion for, the environment and sustainability.



YEC members at the 2019 Camp





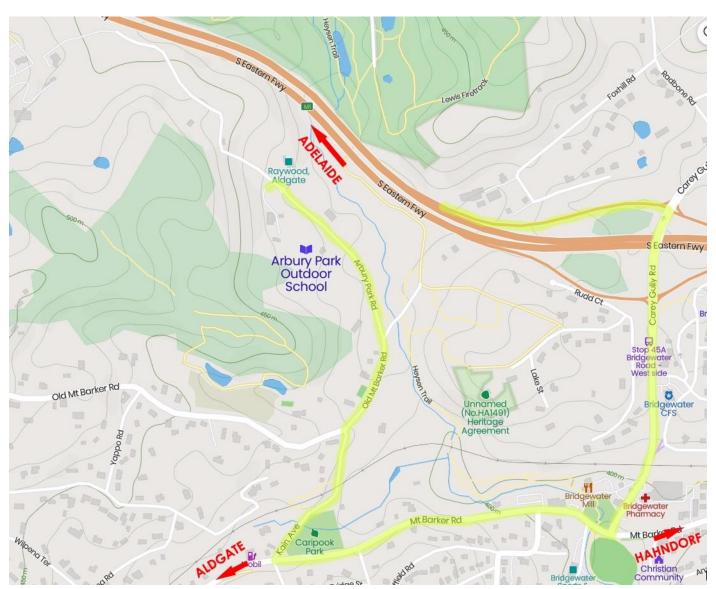
Directions to Arbury Park Outdoor School (from Adelaide):

Arbury Park Road, Bridgewater

- 1. Drive up the South Eastern Freeway
- 2. Take the Bridgewater Exit
- 3. Turn right onto Carey Gully Road, cross the freeway, and go down the hill to the oval
- 4. Turn right onto Mt Barker Road and drive towards Aldgate
- 5. Turn right onto Kain Ave (approx 900m from Carey Gully Rd, just before the service station)
- 6. Drive to the end and turn right at the T-junction. Follow the road and veer left onto Arbury Park Road
- 7. Follow the signs on Arbury Park Road to the Outdoor School, which is on your left-hand side.

Please enter the school via the second entrance not the bus access road

If you have any problems call Cally 0488 660 699 or Steve 0417 536 391.







What to bring

In the outdoors, students should be appropriately clothed so that they are comfortable and safe in cold/wet or hot/dry conditions. As the camp is in Autumn, **please pack for extremely cold and wet weather**. Consider packing mutiple layers as an effective and flexible way to stay warm.

Outdoor activities will continue through rain, hail or shine. It is essential that students bring a waterproof jacket, rubber boots/waterproof shoes and spare clothing.

- 1-2 pairs of sturdy walking shoes (enclosed shoes with socks must be worn at all times)
- sleeping bag or quilt
- fitted sheet to cover vinyl waterproof mattress
- pillow
- socks and underwear
- warm jumpers
- T-shirts
- pants/jeans
- pyjamas and/or warm clothing to sleep in
- beanie, scarf and gloves
- waterproof coat or parka with hood
- rubber boots or waterproof shoes
- plenty of spare socks and other clothing
- <u>all</u> medication previously listed on your Health Forms
- toiletries (eg soap, shampoo, toothbrush/toothpaste)
- towel + spare towel for floor
- broad-brimmed hat, sunscreen and sunglasses
- mosquito repellant
- torch
- water bottle
- pen/pencil case.

Please Note:

Green Adelaide will not be responsible for lost/stolen valuables such as phones, ipods and other devices. Bringing these items will be at your own risk.

Arbury Park is a nut free site. Please do not bring any snacks/food that may put others at risk.





When you arrive at camp, head to the registration desk set up outside the dining room. Green Adelaide education staff will be at the desk, wearing red t-shirts, to check you in and answer any questions you or your parents/caregivers have.

When you sign in, you'll be given your lanyard with your name tag and instructed on where to put your bags. If you have any forms you haven't handed in yet, you can give them to staff when you check in.



YEC banner

On the morning of the first day, you will be reintroduced to the mentors, the Green Adelaide education team and also APOS staff. They'll provide information on general housekeeping (including where everything is located and general camp rules) and review the group norms about how we would like to act together while on camp, which we established at the first event.



Arbury Park Outdoor school

You'll be shown to your dorm, and the APOS staff will run an emergency drill, so everyone feels prepared in the case that an emergency occurs.





Both the mentors and Green Adelaide education staff will be available to talk to if you have questions or concerns during the camp. The APOS staff will also be around and facilitating activities throughout the camp.

You might like to have another look at the website for photos of the Green Adelaide staff and mentors.



Members at 2019 YEC camp

It will take us all some time to remember everyone's name, so we'll all be wearing our lanyards with our name tags at all times. We'll also have member profiles pinned around the dining room, with photos and information about the members and staff, to help us get to know each other. If you haven't yet completed your profile, you can download it from here and bring it on the day or email it to info@yecsa.net.au.



Members in Arbury Outdoor School dining room





Each day we will start by meeting in the dining room for breakfast. This is also where we'll have morning tea, lunch, afternoon tea, dinner and supper each day.

The delicious camp food will be provided by the APOS staff. If you have special dietary requirements, they will be catered for according to the information you provided in your forms prior to camp. If you ever have questions or concerns about the food or eating arrangements during camp, feel free to chat to the Green Adelaide education or APOS staff and we'll be able to help.



Arbury Park Outdoor staff

We'll be doing a wide range of fun activities during the three days, including indoor, outdoor, practical and group activities. At past camps these have included icebreaker games, project planning, nature hikes, orienteering, a quiz night/talent show, presentations from guest speakers and a campfire. So be sure to bring lots of clothing appropriate for outdoor, wet and cool weather.



Members at 2019 YEC camp





The activities will enable you to share and deepen your knowledge of the environmental issues you're interested in, and increase your leadership, problem-solving and team-building skills. When we move around the school for activities, we'll let everyone know in case you have any medication or items you would like to bring with you.



YEC members participating in a hands-on activity

During the camp, you'll find out more information about, and begin planning your project for taking action in your school or community. There will also be a regional breakout session, where you will work with other students in your local area.



 ${\it YEC member sharing their previous year's project}$

Sleeping arrangements will be organised by the Green Adelaide education staff. Each member will be allocated to a dormitory room of up to 16 students, grouped by age group and identified sex. Each room has bunk beds, a toilet and a basin, with additional toilets and shower blocks located nearby.







Arbury Park Outdoor School dorm

A staff member will be assigned to each dormitory and sleep in an attached room. They will be available throughout the night in the case of an emergency. Feel free to have a chat to them about any concerns you may have.



Members at 2019 YEC camp

Both staff and mentors understand that it may feel overwhelming at times being in the group and away from home. They're happy to have a chat with you at any time, help you find a quiet place to take some time out if you like, and/or support you until you feel comfortable re-joining the group.





If there's anything in particular you would like us to know so that we can best help you to participate, then you or your parents/caregivers can also <u>let us know before camp using this online form</u>. We'll follow your recommendations on how you'd like us to support you.



Members at 2019 YEC camp

After camp, the next whole-council event is the Sharing Forum. However, you may also see members from your local area at a regional event before then, and/or be in contact with members through our online discussion forum - we'll speak about both at the camp.

We're looking forward to an exciting YEC camp this year and hope you are too!



